

## Triangle From Side Control Part 2

Sometimes the guy is able to sneak his left arm out of the lapel wrap. If we go over his left arm to low, he can punch his left arm out of the lapel wrap or if we go to high he can pull his left arm out of the lapel wrap. When he does that, what we want to do is bring our right arm inside the lapel wrap where his arm was.



When we bring our right arm in under the lapel



wrap, we want to bring our arm in far enough so our own right wrist is on his cross side right neck, acting as a blood choke. We are not placing our right hand on any other part of our body or any other part of our gi, only on the far right side of his neck to cut off the blood flow and get the tap.



From there, go to knee on belly with your right knee on

his belly, straighten your right arm out as you pull on his lapel with your left arm that is under his head. This is a fast tap and again, don't grab any object with your right hand, simply try and place it on the mat so it ends up on his right neck.